



Kutztown University Policy STU-009

Evaluation and Management of Students with Psychological Emergencies

A. Purpose

This policy defines the procedures used in the evaluation and management of psychological emergencies for enrolled students.

B. Scope

This policy/procedure defines the role of the office of Counseling and Psychological Services (CPS) in psychological emergencies during the fall and spring regular semesters.

C. Definition(s)

Psychological emergency- A situation involving a student of Kutztown University in which there is the possibility of danger to self or others due to a mental disorder, or severely impaired functioning as a result of psychosis or an acute psychosocial stressor.

D. Policy & Procedure(s)

1. During regular office hours, students with psychological emergencies will be evaluated in the office of Counseling and Psychological Services (CPS). Students can be referred for evaluation by faculty, staff, and peers. Involvement in counseling services is voluntary. If there is evidence of harm to self or others, CPS staff may initiate the process for hospitalization. The counselor will provide call-in consultation with hospital staff when warranted.
2. After normal office hours, students experiencing psychological emergencies should be referred to the University Health Center for initial evaluation by nursing staff members.
 - a. Students assessed by the Health Center staff to need immediate counseling or emotional support will be referred to a community based mental health agency. Health Center staff will make initial contact with the agency and the student will be afforded an opportunity for a phone consultation or on-site assessment by the community agency.

- b. When the Health Center is closed, students who are assessed by University staff to be in need of counseling or support are to be immediately referred to a community based mental health agency.
- c. Any student who is evaluated and/or admitted to the hospital for psychological reasons must have clearance from a qualified mental health professional before returning to campus. The student is required to meet with the Dean of Students or designee on the first business day of the student's return to campus and to submit documentation of medical care and follow-up recommendations. The student may not return to the university until the meeting with the Dean or designee takes place.

E. Effective Date

September 8, 1995
Revised 7/5/2007
Revised 8/2018

F. Last Review

August, 2010
August, 2012
August, 2013
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August, 2018