



Kutztown University Policy STU-008

Eligibility for University Counseling Services

A. Purpose

The purpose of this policy is to define the population served by the office of Counseling and Psychological Services (CPS).

B. Scope

This policy provides eligibility guidelines for services provided by CPS to all referral sources within the University community.

C. Definition(s)

Counseling and Psychological Services – Consultation, referral, crisis intervention, individual and group psychotherapy.

Full-time Student – A student currently enrolled at Kutztown University for at least 12 undergraduate credits or 9 graduate credits.

Initial consultation - The initial counseling session in which an assessment of needs is completed and a preliminary recommendation about appropriate services is made.

Referral - The provision of information regarding appropriate counseling resources in the community based on specific client needs.

D. Policy & Procedure(s)

The office of Counseling and Psychological Services (CPS) provides short-term, time-limited services to undergraduate full-time students. Graduate students seeking non-crisis related services are required to pay the health and wellness fee. Referral and crisis intervention services will be offered to all students. Students who present with needs that exceed the resources of CPS or who would best be served by a community provider will be referred to resources outside of the University.

E. Effective Date

September 8, 1995
Revised 7/5/2007
Revised 8/2018

Policy STU-008

F. Last Reviewed

August, 2010

August, 2012

August, 2013

August, 2014

August, 2015

August, 2016

August, 2018